

Vapor 156

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The Boutique Hotel Newsletter

VAPOR 156 FEATURING DANCING CUBA

Dear Friends.

After a lot of hard work, time and creativity, we are happy to present to you our new project: Dancing-Cuba. In previous newsletters we've given you some highlights but this time we are inviting you to visit the website. The articles in this newsletter will provide you with tips and links to navigate through it. We also share with you the story about the idea made a project.

We hope you enjoy reading the newsletter and visiting the website. Remember you are the center of our attention, so comments and opinions are always welcome that's why we'd love to hear from you. Let's keep connected.

Best wishes and a warm Havana hug with a lot of Vapor.

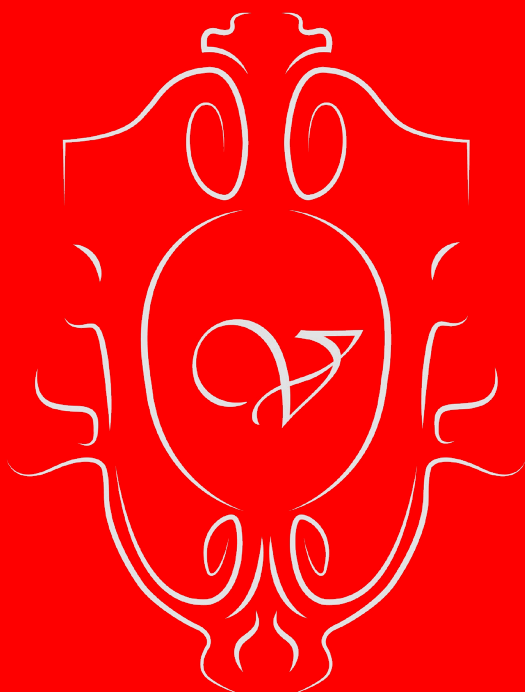
Elizandro & Dirk

ON THIS ISSUE :

WHY DANCING IN CUBA

DO YOU LIKE CUBAN
DANCES?

TO TRAVEL TO DANCE OR
TO TRAVEL TO HAVE FUN,
THAT IS THE QUESTION.



WHY DANCING IN CUBA?

Dancing is one of Cuban people's passions. It's present in their everyday life, habits and routines. When they walk, make a gesture, have sex or simply move, their bodies start making dancing postures expressing emotions and feelings in a natural, instinctive way they can't restrain. Even when they talk it's not hard to find rhythm and musical cadence in their colloquial conversations to the point that most of song choruses have incorporated popular sayings.

That's one of the reasons why some of the most popular dances were born in this island: mambo, salsa, rumba, chachachá, bolero, son and casino.

On the other hand Elizandro's educational background comes from dancing schools. He started his professional career as a dancer and therefore since the beginning Vapor 156 has always been surrounded by a conspicuous relationship with music and dancers that also embraces our guests.

Last year as our guests' request we decided to start with dance lessons at the hotel. The results were amazing. We all had so much fun and the experience created so many expectations that we felt intrigued about making something that could not only provide our guests with a learning-entertaining experience but also to be able to fulfill the hunger for knowing and being more actively involved of dance lovers and professionals. That led us to the project DancingCuba.

DancingCuba bets for giving you the all-in-one tool you need to have the most interesting dancing experiences in Cuba. Dance lessons, dance tours, dance clubs, participation in events, festivals, interviews, lodging, transportation and the opportunity to advertise, post and collaborate are all at hand for you in www.dancingcuba.info

Have a virtual tour and find out for yourself.



DO YOU LIKE CUBAN DANCES?

How many times have you caught yourself moving your feet while listening to a cha-cha, a mambo or a rumba? How many times have you stood up and start dancing while watching a salsa dance couple on a video, on TV or a live performance? The reason is simple. Cuban dances are catchy and it's really hard to remain indifferent to them. But also because Cuban dances are connected from their origins to other cultures like the Hispanic, African and Franco-Haitian.

If you love reading and consulting materials related to Cuban dances you can visit dancingcuba.info to have more information. As you navigate on the website you'll be interacting with photos and videos showing basic postures and dance steps of every Cuban dance along with a brief history of their origins and evolution, including interesting anecdotes.

Read about the different salsa schools and why Cuban salsa with its particular "despelote" differentiates from the rest. Discover why rumba is a dance cultural complex and it's the only Cuban dance declared by UNESCO Intangible World Cultural Heritage. Learn why chachachá and casino were given those names or what cabaret had a transcendental role in creating mambo. Find out about Cuban National dance: danzón, and also about son which is "... the most syncretic sound exponent of national cultural identity".

In addition if you want to rehearse the videos you can follow Dancing-Cuba channel on YouTube or dance Cuban dances with our playlist on Spotify.





TO TRAVEL TO DANCE OR TO TRAVEL TO HAVE FUN, THAT IS THE QUESTION.

When we start planning our vacation trip we usually make a list of the things we'd love to do in that destination. Cuba in particular is famous for its short but rich culture full of history, its old cities trapped in time, the music, the dances, the rums, cigars and Caribbean beaches,; but above all for its people. And you'd love to taste a bit of everything. And when you think time won't be enough you start deleting activities.

Well, it's simple; you don't need to put yourself into that question because we've thought about it and we don't want you to leave without experiencing a bit of everything you like.

So stop questioning because with DancingCuba you'll have dance and fun all the time. All you have to do is to check our services section. But if you still think we are missing something you have in mind you can go to the contact us section and directly email our trip planners team. We'll be glad to please your requests.





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If you have any questions
or you'd like to make any comments,
please don't hesitate to contact us.
Email: info@vapor156.com

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